United Nations Human Rights Council
United Nations High Commissioner
for Human Rights

Easy to read

What people said at a meeting about families and making sure that everyone in the family gets their human rights

This report looks at what countries should do to support families with that



About us

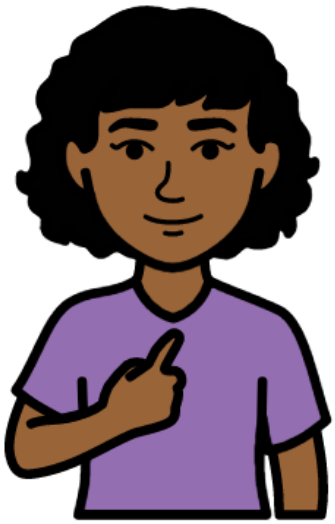


We are part of the United Nations.

The United Nations is a group of countries that work to make the world better and safer.



Our job is to make sure that everyone in the world is treated fairly and gets their human rights.



Everyone has human rights.

For example, everyone has the right to be safe and to be treated fairly.

That is what should happen in everyone's lives.



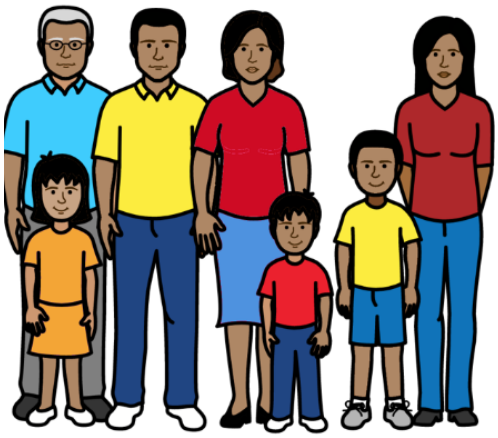
About this report

This report is about a meeting that the United Nations had.



The meeting was on 25 September 2024.

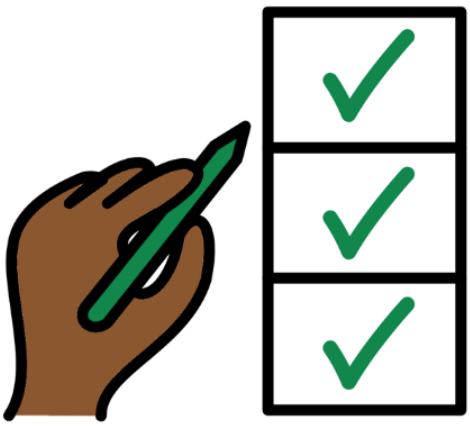
People from different countries talked at the meeting.



The meeting was about:

- How families can support everyone in the family to have a good life and to get their human rights.

- Some problems that are stopping everyone in the family from getting their human rights.



- Some good work that countries are doing to change things.

- What people at the meeting said should happen next.

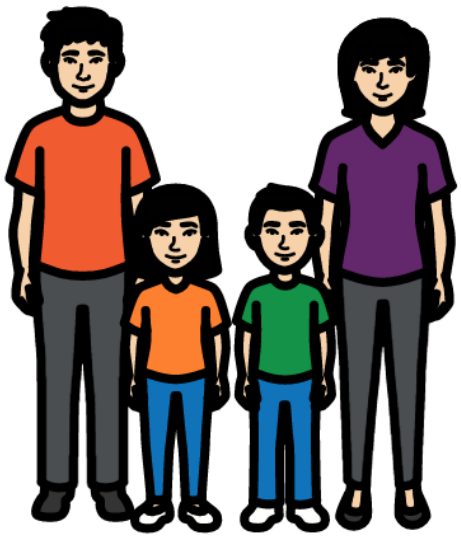
The main things that people said at the meeting



There are many kinds of families.

All families are very important.

They can give people in the family love, care and support.



Families can help everyone in the family to do well in life.

For example, they can help children to grow up in a safe and healthy way.



Families should be safe for everyone.

Everyone in the family should be treated fairly.

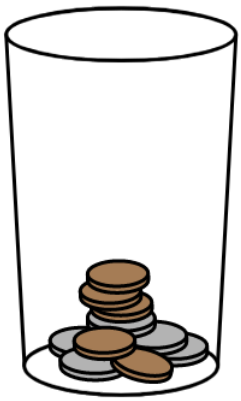
It should not matter who they are.



Families should support everyone in the family to get their human rights.

For example, everyone has the right to make their own choices.

Everyone has the right to do things in the community. Like go to school or work.



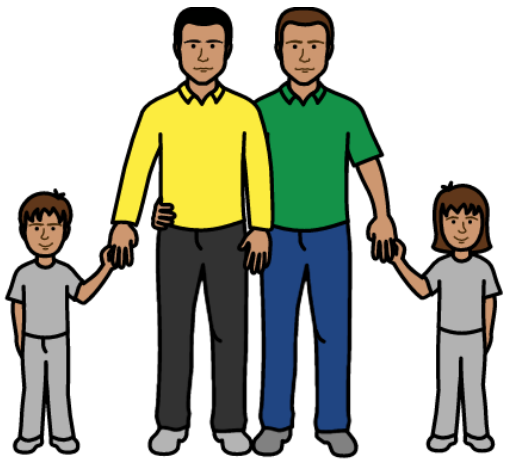
But there are problems that can stop families from doing what they need to.

For example, many families in the world are poor.



Many families do not get extra money from the government if they need it.

Some people may need extra money if they have a disability or cannot work.

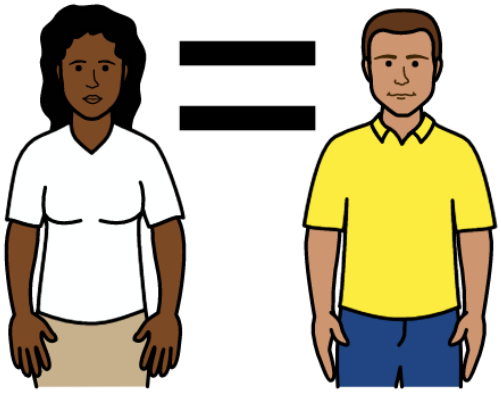


Some families may be left out more.

Like families with only one parent.

Or families with 2 mothers or 2 fathers.

That means some families do not get the support they need.



Some people in the family may be treated unfairly.

For example, women in the family should have the same rights as men.

That also means if they get married and have children.



But many women and girls are not getting their rights at the moment.

For example, there are laws that stop women from getting money or houses when someone dies.



Many women and girls cannot make their own choices about getting married and having sex and children.

For example, many women cannot choose if they want children or not.

Some women and girls are also forced to get married.



Violence can often happen to people in the family.

For example, people may hurt other people in their family.

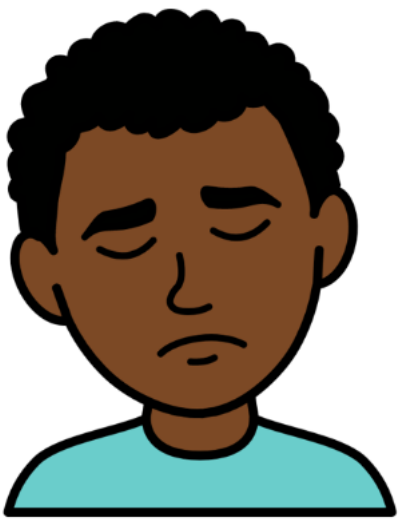
Like women, children, older people or people with disabilities.



Children can also be unsafe on the internet.

There is information on the internet that can hurt children or make them feel bad.

But many countries and internet companies are not doing enough to keep children safe.



All of these problems stop many people in families from having a good life.

Some good work that countries are doing to change things



Some countries are giving more support to families who need it.

Like extra money to live on.

And support for girls to go to school.



There are some projects that:

- Support children to have a good start in life.
- Support young women and men to learn how to have a healthy family.



Some countries have made laws to say that:

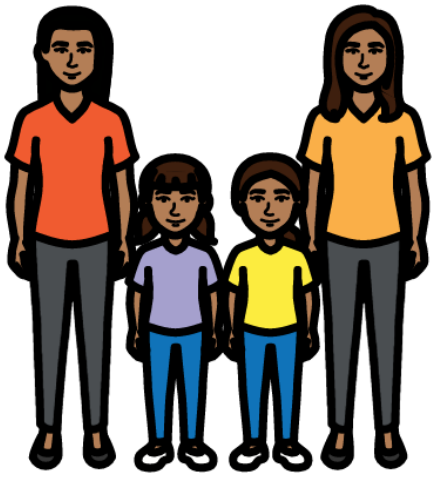
- Girls and boys cannot get married before they are 18.
- Someone who is married cannot be forced to have sex by their partner. This is a crime.
- Parents can take some time off work when they have a child.

What people said should happen next



Everyone in the family should be treated fairly and get their human rights.

Everyone in the family should be safe. That means all children and adults.



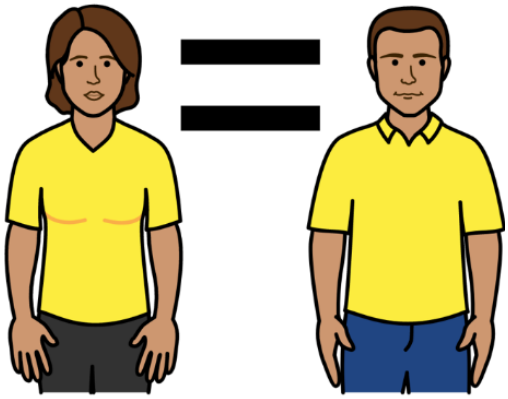
Countries must support families to make that happen.

That means all different types of families.



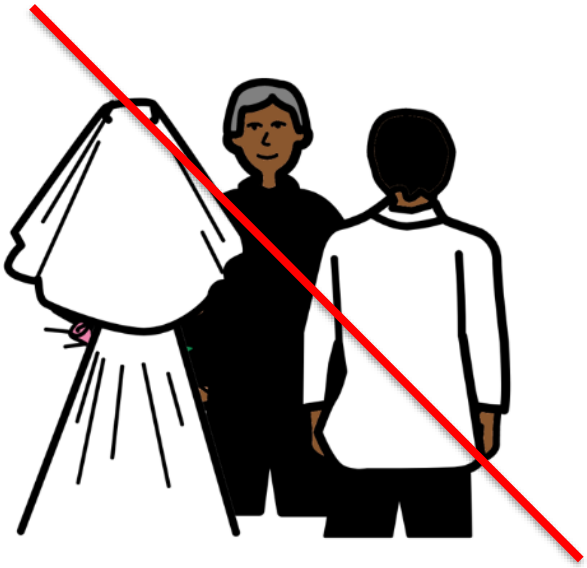
There are laws about human rights that countries must follow.

This is to give families what they need.



That means countries must work to change unfair laws and ideas.

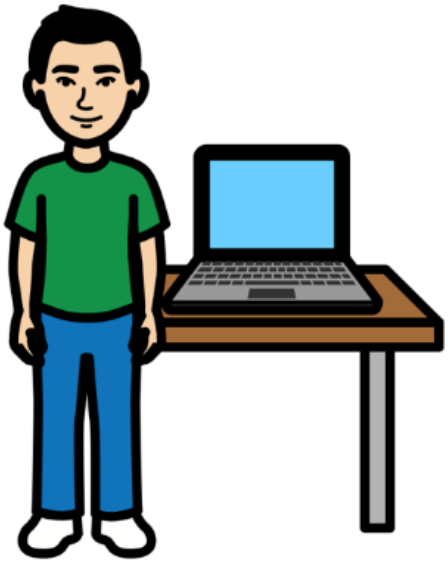
For example, unfair laws that give women less power than men.



Countries must also work to stop violence and other bad things that can happen in families.

For example, people should not be forced to get married.

And countries must keep children safe if they are not safe at home.



The internet should also be safe for children.

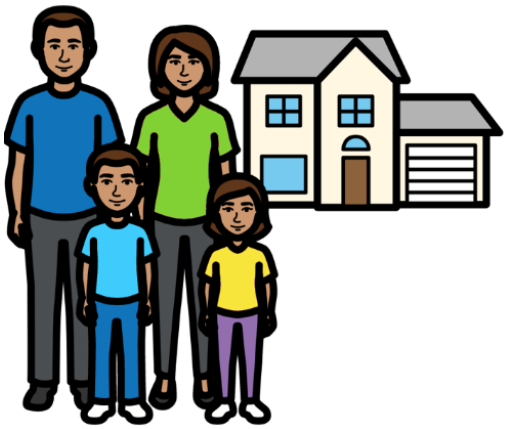
Countries and internet companies should make that happen.

They should follow laws about the rights of children to make the internet safe.



People in the family should get the right support if someone hurts them or treats them badly.

That means children and adults.



Everyone in the family should help to give care and support to people who need it.

It should not be women and girls most of the time.



This will help many women and girls to have a better life.

For example, more women and girls could go to school or work.



Countries should make good laws that support all families.

This will help families to support everyone in the family.



It will also help families to deal with big problems that may happen in the country.

Like wars or floods.



Families should get extra money to live on if they need it.

And people in families who work should be treated fairly at work.

They should be paid a fair wage.



Mothers and fathers should be paid to take some time off work if they have a child.



People should also get the basic healthcare they need at all times.

And all children should get a good education.



People with disabilities should get support to take part in the community and choose how they want to live.

There should be good laws about that.



Countries must spend enough money to give families the support they need.

Countries should look at ways to get more money to support families.

For example, by making sure that people and companies pay a fair amount of tax.



Richer countries should support poorer countries to have enough money.

Countries should get better information about what is happening in families and what needs to change.



The United Nations should also think more about families and what they need.



These things will help everyone in families to do well and have a good life.

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